

# RESEARCH PROGRESS ON PHARMACOLOGICAL EFFECTS AND CLINICAL APPLICATIONS OF PERSIMMON LEAF FLAVONOIDS

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**Abstract** Persimmon Leaf Flavonoids (PLF) is the main active components of the fresh or dried *Diospyros kaki* Thunb.(Ebenaceae , *Diospyros L.*)leaves , which have several pharmacological effects such as the roles on cardiovascular system , antioxidant , hypolipidemic effect , hypoglycemic effect , hemostasis , antibacterial , antitumor , tyrosinase inhibition , and so on . At present , it is mainly used in the treatment of cardiovascular disease and hemorrhagic diseases . In this paper , the pharmacological effects and clinical applications are reviewed , which can provide theoretical bases for the further development and utilization of the plant .

**Keywords:** persimmon leaves; persimmon leaf flavonoids; pharmacological effects; clinical applications; cardiovascular system

Persimmon leaves are the fresh or dried leaves of Ebenaceae, *Diospyros L.*, *Diospyros kaki* Thunb., which are bitter, cold and have the effect of reducing the gas, thirst, sheng jin, heat-clearing, detoxifying, antitussive hemostasis. The medicine has been recorded in the "Yunnan Materia Medica" since Ming Dynasty--"The leaves deposited carbuncle"[1]. The study of Ryu Ri [2] confirmed that PLF is the main active ingredient in persimmon leaves. Modern pharmacological studies have shown that PLF can protect the cardiovascular system, blood lipid, antioxidant, hypoglycemic, hemostatic, antibacterial, antitumor, pharmacological inhibition of tyrosinase activity, and low toxicity, less adverse reactions[3], which is rich in resources and easy industrialized production. In recent years, more and more attention has been paid to the medical profession. This "persimmon" persimmon flavone "persimmon leaf flavonoids" "pharmacological effects" and "Persimmon leaf flavonoids" Persimmon "leaf total flavonoids" and "Pharmacological effects" as key words, a combination of literature retrieval in PubMed, Elsevier, Springer, RSC, OSA, ACS, CNKI, VIP, Wan Fang, China superstar, Duxiu as in the database. Results a total of more than 40 English articles and more than 100 Chinese literatures were retrieved, of which there were more than 30 effective literatures. The pharmacological action and clinical application of PLF are reviewed in order to provide theoretical support for further development and utilization of PLF.

PLF is the main active ingredient in persimmon leaves[4]. Since the study found that PLF Huang Qigan, quercetin and kaempferol 3-O-beta-D-glucoside[5], kaempferol, quercetin, rutin, Hyperoside and[6]. Modern pharmacological studies have shown that it has a wide range of pharmacological effects[7].

Through the above studies, it can be fully demonstrated that PLF has a wide range of pharmacological effects, such as improving cardiovascular and cerebrovascular system, anti-oxidation, lowering blood fat, lowering blood sugar, hemostasis, antibacterial and antiviral, anticancer inhibition of tyrosinase and so on. But the study also found that although the pharmacological effects of PLF, low cost and low toxicity, but it is because of the PLF complex components, the mechanism is not clear and other reasons restrict its development and utilization in clinical. In view of the above problems, it is suggested that the following research should focus on the study of the action mechanism of the active ingredient and the development of PLF, in order to provide more reliable theoretical basis for the scientific and rational development and utilization of PLF

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## PHARMACOLOGICAL EFFECTS STUDY ON FERMENTED CORDYCEPS SINENSIS AND ITS CLINICAL OBSERVATION

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**Abstract:** This paper summarizes the pharmacological studies and clinical application of fermented *Cordyceps militaris* in clinical practice, and provides literature support for the rational application of fermentation *Cordyceps* preparation. Artificial culture of fermented *Cordyceps* preparations in the pharmacological and efficacy of *Cordyceps sinensis*